



21 September 2023

Term 3 Week 10

From the desk of Ms. 'O'

Mental Health Awareness Week

Five Ways for Five Days

Whoops - only one day left. Let's see, what I was supposed to have done in line with the **MHAW** suggestions ?

- That's right, on Monday it was to purposefully take notice (Me Aro Tonu). Hmm . . . Mindfulness and thinking of things that give me joy. Well, I did get out into the school garden. ✓
- Tuesday was about giving (Tukua) - kind actions, showing generosity. I did check in with our school's cleaner who's been off sick all term. ✓
- Yesterday was about keeping active (Me kori Tonu). Well, I think joining in my class' football game counts. ✓
- Connecting is today's focus (Me whakawhanaunga). Attending tonight's meeting at the Kingston Flyer Café will be a chance to connect up socially with Home and School group. ✓

That only leaves Friday with an emphasis on keeping on learning (Me Aka Tonu). Trying to learn something new at this stage in the term ! Probably not going to happen. But I'm all good with that. It's time for everyone to have a well-deserved break.



Wishing you all a happy and safe holiday period.

See you all back at school on
Monday, 9th October.

Community Consultation for 2024–25 Strategic Plan

To all parents and community members.

As part of our governance role, during term 4, the Board of Trustees will be developing a Strategic Plan for 2024 and 2025.

In order to create this plan, the Board will be undertaking a community consultation with all current families in early Term 4, to gain insights into the aspirations and goals you have for your children and their learning, while at Garston School.

During weeks 1 and 2 of Term 4, Board members will be talking directly to each family to get a feel for what success for your child will look like, any goals and aspirations you and your children have, and what opportunities you would like to see offered in the future. Feedback from the consultations will be collated and presented for further comment and response at Show Day on the 7th November.

We strongly encourage everyone to participate in this process. The information we gather through these consultations will have a direct impact on the development of the strategic plan and direction for your child's learning and school experience over the next two years.

In the next few weeks, a board member will be in contact with you to arrange this consultation. In the meantime, if you have any questions or comments about the process, please feel free to contact a board member or the school.

Kind regards,

Amy Baker
On behalf of the Garston Board of Trustees



Spring has arrived at Garston School

